



▶▶ Service Area 1

# Fathers' Discussion Group

**Every First Thursday of Every Month**  
**5:00 – 6:30 PM**

**Antelope Valley FSP Office**

251 E. Ave. K-6, Suite H, Lancaster CA. 93535

Join the **Fathers' Discussion Group** to connect with other fathers who understand what you are going through. This group offers a safe space to share your experiences, seek advice and find comfort in your community.

Facilitated by James Coomes, LCSW, Program Manager III. For more information, please email James at [jcoomes@dmh.lacounty.gov](mailto:jcoomes@dmh.lacounty.gov).



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