



▶▶ Service Area 6 Presents Father's Wellness Group

Wednesdays from 12:30-1:30PM

Microsoft Teams meeting

Join: <https://teams.microsoft.com/meet/28404073261479?p=Fkhsr7qn7IGUlpV1dl>

Meeting ID: 284 040 732 614 79

Passcode: Ro9RG7BZ

[Need help?](#) | [System reference](#)

Dial in by phone

[+1 323-776-6996](tel:+13237766996),

Phone conference ID: 188 176 770#

Welcome fathers of all backgrounds! Join a safe, judgement-free space to talk, heal and grow. Break the silence around mental health, heal from trauma and past experiences, reclaim life from addiction and substance use, build strength from lived experiences to overcome stigmas, barriers and stereotypes associated with paternal mental health.

For more information, please contact us at NCollins@dmh.lacounty.gov



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.