

PARENTAL PERINATAL MENTAL HEALTH

Program development support and clinical consultation opportunities



Parental Perinatal Mental Health

Parental Perinatal Mental Health (PPMH) is offering a range of support services for clinicians and supervisors. These opportunities are designed to enhance your skills, provide reflective space, and foster collaboration. Details for each offering are provided below:

Reflective Facilitation Groups

- **Commitment:** Participants must commit to attending the entire year.
- **Group Size:** Maximum of 8 participants per group (**groups have been formed**)

Reflective Consultation Groups for Clinicians

- **Schedule:** Every 4th Wednesday
- **Time:** 11:30am - 12:30pm
- **Facilitator:** Lynette Lively Cookson, PsyD

Reflective Consultation Groups for Supervisors

- **Schedule:** Every 2nd Tuesday, **starting June 10th**
- **Time:** 10:00am - 11:00am
- **Facilitator:** Richard Cohen, PhD

Love, Dad Drop-In Consult Calls

- **Focus:** Countywide calls--open to all, to address questions about working with fathers and their children Birth to Five.

- **Schedule:** Every 2nd Wednesday
- **Time:** 11:30am- 12:30pm
- **Facilitator:** Jared Morgan, LCSW

Mothers and Babies Consult Calls

- **Focus:** Provide support and evidence-based strategies to providers trained in the Mothers and Babies EBP, to enhance care for both mothers and their babies.
- **Schedule:** Every 4th Wednesday, (except in June, for this month, the call will be on June 10th)
- **Time:** 1pm-2pm
- **Facilitator:** Mothers and Babies training team

***Must attend at least 6 to qualify for certification**

Love, Dad Booster Sessions

- **Format:** Optional Countywide trainings--open to all, on special topics.
- **Frequency:** Offered quarterly

For more information, please contact iParent@dmh.lacounty.gov