



NAMI San Gabriel Valley

National Alliance on Mental Illness

An Affiliate of Greater Los Angeles County



NAMI FaithNet

National Alliance on Mental Illness

Faith Based Family Support Group

Faith Based Family Support Group (FSG)

is for family members, friends, congregation leaders, and others who have someone they care about living with mental illness. We are here in fellowship for mutual support and to share ideas and resources. We recognize that mental illness is a disease that affects individuals and families physically, emotionally, and spiritually.

Like a standard NAMI FSG,

we use Group Guidelines and Principles of Support to facilitate an effective meeting giving everyone an opportunity to share.

Unlike a standard NAMI FSG,

we are free to express our concerns in the context of faith, offer to pray for each other, and to pray together at the closing of the meeting if we wish. This group is led by Christian facilitators and will have a Christian-based perspective, although all faiths are welcome to join.



3rd Tuesday of each month

Starts February 18, 6 - 7:30 PM

**Fair Oaks Renaissance Plaza
Community Room**

Vallarta Market Shopping Center

649 N. Fair Oaks Avenue

2nd Floor #203

Pasadena, CA 91103

No pre-registration required

Sponsored by NAMI San Gabriel Valley. For more information contact info@namisgv.org or call 626-365-0365 or visit namisangabrielvalley.org