

The Power of Connection

Disrupting Trauma Cycles
through Backbone Support
for Home Visiting

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how does Home Visiting prevent Trauma?

Infants rely on caregivers' relationship-building skills which can be inhibited by parents' own childhood abuse and trauma.



Home Visiting Programs cultivate resilience and interrupt intergenerational patterns of abuse by nurturing reflective functioning through nonjudgmental modeling and parent coaching.

changing the system

With the passing of Family First Prevention Services Act (FFPSA), national resources are being diverted from abuse recovery toward abuse intervention and prevention.

Evidence-Based Home Visiting Programs are a prevention service.

For systems that have historically harmed families **to make this gravitational shift to supporting families**, they must tap into and synchronize with existing local family support efforts to access the learned wisdom and best practices of agencies with a track record for providing trauma-prevention services.

Independent backbone organizations help state systems successfully pivot and foster a culture that strengthens families and provides the support they need to prevent abuse.

what does the shift look like?

01

Recognize Harm

Coordinate messaging to own the way reporting systems have failed and hurt families.

02

Repair Trust

Model listening & cultural humility at leadership level & foster respectful relationships.

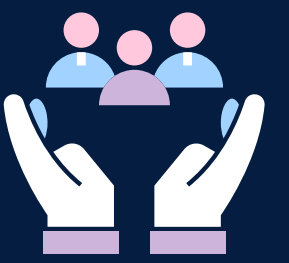
03

Rebuild Systems

Create spaces for family voices & community-led change to maximize accessible support.

how does the shift happen?

- Communications & Storytelling
- Centralized Workforce Development
- Collection & Data Analysis
- Collaborative Advocacy



what is the result?

Systems are connected to the agencies making a difference.



Agencies are supported and connected to each other.



Parents have the physical and emotional resources they need to cultivate safe, stable, and nurturing relationships with their baby.

