CSMC IRB No: SITE00000107 / MOD00008916

CSMC Date Effective: 12/20/2023



# **Volunteers Needed for Study on Breast Milk**

# Why are we doing the research study?

We want to see if breast milk content is different between feeding from one vs both breasts. We also want to see if and how it changes when the breast is completely empty versus when it is half empty.



#### Study requirements:

- Was your baby born full term (37 weeks of more)?
- Are you breastfeeding?
- Do you also bottle feed your baby breast milk or formula?

If you answered **YES** to the above questions, you may be eligible to take part in a research study.

### Participation involves:

- One (1) study visit requiring about 4 hours of your time:
  - Between 7-10 weeks following the birth of your baby
- Collection of blood and breast milk samples from you
  - No blood will be collected from your baby
- Study visit will be at The Lundquist Institute, Clinical & Translational Research Center, 1124 West Carson Street, Torrance, CA 90502, where all studies will be conducted
  - On Harbor-UCLA campus
- Compensation will be provided (\$100gift card at the end of the visit)

## If you are interested:

Please contact the coordinator, MacKenzie Cervantes at <a href="mailto:breastmilk@lundquist.org">breastmilk@lundquist.org</a> or call clinic: (310) 974-9538 and provide your contact information.