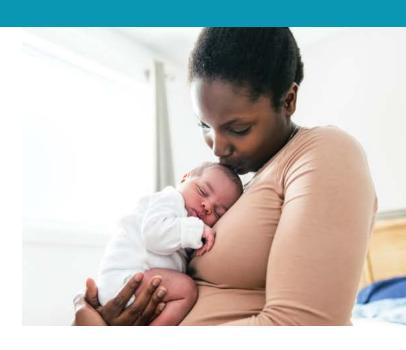# Vaccines During and After Pregnancy

What You Need To Know:

- **Vaccines are safe** during pregnancy for pregnant people and their babies.

- **Staying up-to-date** with the following vaccines **provides the best protection** for you and your newborn during the first months of life until your baby can receive their own vaccines.

Vaccines Recommended During Pregnancy

- **Tdap Vaccine:** Get the Tdap vaccine during the 27th through 36th week of **each pregnancy** to help protect your baby from pertussis (whooping cough). Whooping cough is especially severe for newborns and can be life-threatening.

- **RSV Vaccine:** Pregnant people can get a single dose of the respiratory syncytial virus (RSV) vaccine during weeks 32 through 36 of pregnancy during September through January to protect their newborn against RSV. RSV causes bronchiolitis and pneumonia in young infants and is the most common cause of hospitalization in newborns.

- **Updated COVID-19 and Influenza (flu) vaccines:** The updated COVID-19 and updated flu vaccines are safe to receive at any point during your pregnancy and can protect your newborn from flu and pneumonia until they are old enough to get their own vaccines.

- **Hepatitis B Vaccine:** Pregnant persons who have not previously been vaccinated against hepatitis B should talk to their doctor about getting a Hep B vaccine during pregnancy.

Vaccines Newborns Need At Birth

- **Hepatitis B Vaccine:** Your newborn should get the first dose of the Hepatitis B vaccine within 24 hours of birth to protect them from Hepatitis B infection.

- **RSV Immunization (Nirsevimab):** If you did not get an RSV vaccine during pregnancy or your baby is born within 14 days of when you received the RSV vaccine, talk to your pediatric provider about giving your newborn nirsevimab before or during the RSV season.

Follow-up with your prenatal care provider with questions.

For more information, the Public Health Call Center is open 8 a.m. - 8 p.m. seven days a week at **1-833-540-0473.**

Los Angeles County Department of Public Health: **ph.lacounty.gov/vaccines**