

# Finding Help through our Social Care Network

For most people, navigating the system to get help is often difficult, time consuming, and frustrating. At **findhelp**, we created a social care network that connects people and programs — making it easy for you to find services in your community. Below you'll find tips on how you can use our platform to find help for yourself or others.

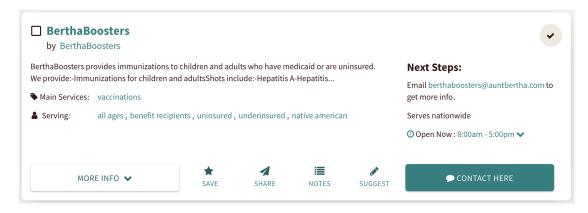
# **Search for Programs**

- Go to <u>findhelp.org</u> and enter your ZIP Code.
- Translate the entire website into one of 100+ languages if needed.
- Search for programs using categories, subcategories, and filters.

* findhelp.org					
Search and connect to support. Financial assistance, food pantries, medical care, and other free or reduced-cost <b>help starts here</b> :					
ZIP 37212 Q Search 9;203,523 people use it (and growing daily)					

### **Connect with Programs**

- Each program listed is on a program card that shows all relevant information about the program.
- Click the green "Contact Here" button on the program card.
- Select "I'm interested for myself or my family" or "I'm referring someone else."
- Enter your name and email address.
- If you are referring someone else, also enter that person's name, email address, and/or phone number.
- Let the program know the best way to contact you.
- Verify that you give your consent or have consent to share this information and click the "Yes, I have consent" button. Then click "Send." If the agency has additional questions, you will see them appear. Complete the remaining questions and select "Submit."





## **Share Programs**

Share programs with your community through email, text message, or Facebook!

# **Create an Account**

When you create an account, you have the ability to create a personal resource guide, including the ability to save programs with notes, share your favorite programs, track referrals, and more.

- To create your account, click the "Sign Up" button at the top right-hand corner
- Enter your email address
- Create a password
- Choose whether you are looking for services for yourself or helping others

			SHARE ON FACEBOOK
Your Na	me *		
Your na	me (so they'll actually op	pen it).	
Your En	nail *		
L Don't w	orry, we won't share you	ır email when you se	nd this.
То *			
Email of	f the person you're sendi	ing this to.	
Messag	e		

### Suggest Programs

- Not seeing the program you're looking for? Go to findhelp.com/find\_a\_program.
- Search and verify the program you're looking for isn't listed.
- Fill out the section titled "Review the program you searched for."
- Click the "Suggest a Program" button at the bottom of your screen.

You should hear from us within two business days!