

# Bystanders Take Action!

Learn how you can help stop Asian American harassment—safely

Asian American and xenophobic harassment and COVID-19 racism are on the rise across the US — and the world. And victims are experiencing a profound loss of physical safety, emotional wellbeing, relationship stability and financial security as a result.



**Friday, July 14, 2023 , from 12:00 pm - 1:00 pm Pacific**

[Link to register for the webinar:](#)

[https://aaajla.zoom.us/webinar/register/WN\\_BCx2f2FgR62a9rVp1fwRvQ](https://aaajla.zoom.us/webinar/register/WN_BCx2f2FgR62a9rVp1fwRvQ) OR SCAN HERE -->

If you have any questions, please contact Nathan Vuong - [nvuong@ajsocal.org](mailto:nvuong@ajsocal.org)



## What you'll learn

### In this training, we will:

- Reflect on what anti-Asian and xenophobic harassment looks like
- Learn the history of anti-Asian/American harassment in the US
- Learn how to safely intervene to stop harassment online and in-person
- Practice the 5D's of Bystander Intervention

Distract

Delegate

Document

Delay

Direct

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