

Date: Thursday, June 15th, 2023

Time: 10:00 am – 12:30 pm

Zoom Link: <https://us06web.zoom.us/j/83363399538>

Meeting ID: 833 6339 9538

Call In #: 1 669 444 9171

OBJECTIVES:

Participants will be able to:

Data Presentation: Connecting the Dots: We're All in This Together!

1. Share program descriptive and outcome data
2. Highlight key successes

Keynote: Responding Rather than Reacting: A Body-Mind-Emotion Approach for Helping Professionals to Understand Triggers and Stress Responses, and Increase Self-Regulation

1. Increase understanding of how work challenging's can activate the body's stress response system and impact providers' thoughts, feelings, reactions, and interactions with children and families.
2. Recognize at least 3 physiological signs of dysregulation as related to the activation of the body's stress response system.
3. List at least 3 tools that can increase both self and co-regulation.

From Client to Staff Member: The Journey of Two Apprentices

1. Gain an understanding of how the home visiting apprenticeship program has worked at the Child Care Resource Center and Antelope Valley Partners for Health sites.
2. Understand what motivated the apprentices to participate and complete the program.

AGENDA:

TIME	PRESENTATION	SPEAKERS
10:00 am - 10:20 am	Welcome & Introductions	<p>Sharlene Gozaliens, DrPH, MPH, CHES <i>Director, LA Best Babies Network</i></p> <p>Diana Careaga, MPH, MA <i>Director of Family Supports, First 5 LA</i></p> <p>Karla Pleitéz Howell, BA, JD <i>Executive Director, First 5 LA</i></p> <p>Melissa R. Franklin EdD, MBA <i>Director, Division of Maternal, Child, & Adolescent Health Health Promotion Bureau Los Angeles County Department of Public Health</i></p> <p>Alina Moran, MPA <i>President, California Hospital Medical Center</i></p>
10:20 am - 10:45 am	Connecting the Dots: We're All in This Together!	<p>Delisa Young, MA <i>Manager of Data & Evaluation, LA Best Babies Network</i></p> <p>Monica Charles, MPH <i>Senior Data Analyst, LA Best Babies Network</i></p>
10:45 am - 11:45 am	Responding Rather than Reacting: A Body-Mind-Emotion Approach for Helping Professionals to Understand Triggers and Stress Responses, and Increase Self-Regulation	Jesse Bernal, LMFT <i>Infant and Early Childhood Mental Health Consultant</i>
11:45 am - 11:55 am	BREAK	
11:55 am - 12:25 pm	From Client to Staff Member: The Journey of Two Apprentices	Monica Flores, MA, HV/TIC Supervisor <i>(PAT Program), Child Care Resource</i>

Center

Dulce Dominguez-Bahena, Parent Educator (PAT Program), Child Care Resource Center

Maria Moya, Program Manager (HFA Program), Antelope Valley Partners for Health

Manuela Razo, Family Support Specialist (HFA Program), Antelope Valley Partners for Health

12:25 pm - 12:30 pm Closing Message & Evaluation

Sharlene Gozalians, DrPH, MPH, CHES
Director, LA Best Babies Network