

# ARE YOU CURRENTLY PREGNANT FOR THE FIRST TIME?

You may be eligible to participate in a new research study at CSU Dominguez Hills focused on daily emotions and experiences during pregnancy.

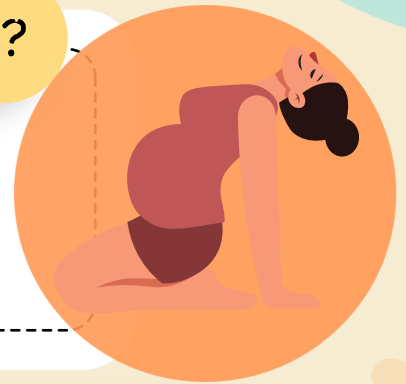


## What is this study about?

This research study seeks to understand how daily positive emotions and social support influence the psychological and physiological experiences of stress during pregnancy.

## Who can participate?

- 18-34 years old
- Pregnant for the first time
- Less than 32 weeks pregnant
- Healthy pregnancy
- Using a smartphone



## What does participation involve?

- 2 study visits at the CSUDH Campus (1000 E. Victoria St., Carson)
- 8 days of answering daily surveys using a smartphone app
- Wear a wristband device that monitors heart rate
- Parking or transportation costs to CSUDH will be provided



## Want to learn more?

Contact our team: Email: [perch@csudh.edu](mailto:perch@csudh.edu) or Call (323) 379-9118  
Visit: [www.perchresearch.org](http://www.perchresearch.org)  
Program Director: Dr. Irene Tung  
Department of Psychology, CSU Dominguez Hills



**You can earn up to \$150 for participation in this study.**