

Best Practices in Birth to Five Mental Health

DATE & TIME: February 15, 2023 (Wednesday)

9:00AM – 4:00PM

All participants must log into the training at least 15 minutes prior to the training start time.

PLACE: Web Broadcast – Microsoft Teams
(please see the bottom of this bulletin for the initial registration link)

This training will provide attendees with a foundational knowledge of basic skills related to working within the context of a relational dyad and relationship-based intervention strategies and models. Best practice models include the babies/toddlers and their caregivers for the purpose of strengthening the parent/child bond. The discussion provides an overview of brain development and the socio-emotional expected milestones while taking into consideration a culturally responsive lens of trauma and diversity. Attendees will enhance observation skills and develop an understanding of interventions incorporating a culturally sensitive and relationship-based perspective.

TARGET AUDIENCE: This training is designed for mental health providers currently working with clients' birth through 5 years of age.

OBJECTIVES: As a result of attending this training, participants should be able to:

1. Identify 3 fundamental concepts of infant mental health.
2. Describe a relationship based service delivery model as the underlying foundation of all infant mental health work.
3. Summarize the skills used in observation of parent child dyads and identify dynamic treatment issues present in an infant/caregiver relationship.
4. Identify 2 different Birth to Five treatment models.
5. Explain the impact of trauma on regulation.
6. Describe 2 social and/or cultural factors that influence a child's mental health.

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COORDINATED BY: Prevention Services Division/Family and Community Partnerships
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DEADLINE: When capacity is reached

CONTINUING EDUCATION: 6.0 hours for BBS, BRN, CCAPP-EI
CE's for Psychologist

COST: NONE

Please complete the first online registration step, the link is:
<https://forms.office.com/g/G1d8xWh6EZ>