



Every man has the potential to be a great dad, and so can you!

Free and Confidential **Fatherhood Program** for Fathers of Any Age!



This new fatherhood course at Eisner Health will deepen your understanding of how to interact with your kids, how to better communicate with those in your life, and how to manage your own feelings and frustrations.

Hundley Foundation Fatherhood Program description:

- Just for fathers
- All classes on Zoom
- 12-week program
- Offered in English and Spanish
- Do not need to be an Eisner Health patient to attend

<p>Time: Where: Date:</p>	<p>All participants will receive a GIFT after the first class and at other times throughout the program. These items might include:*</p> <ul style="list-style-type: none"> • Gas cards • Spotify memberships • Car seats • Cribs • Gift cards • Strollers and more!
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**List of items will change depending on product availability.*

To learn more about the program and to register, visit: eisnerhealth.org/fatherhood-programs
Or contact: Nadia Martinez (213) 588-0228 (texting okay) nmartinez@eisnehealth.org



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