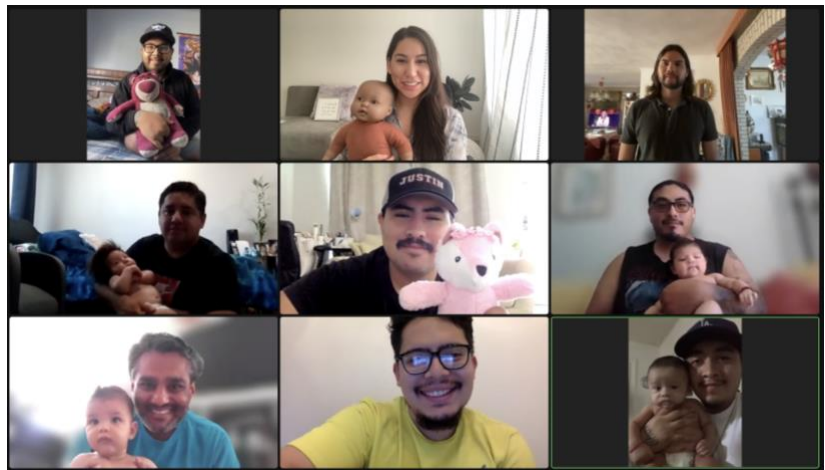




STAND TALL PARENTING  
*family. love. connection.*

# Baby Bonding with Dad Through Infant Massage 4-Week Series



Every Sunday September 4<sup>th</sup> – 25<sup>th</sup>

10 am – 11 am

Instructor: Stephanie Ward

\*Please register by August 30<sup>th</sup> to  
receive material via mail

## Do wants to find more father-baby bonding time?

### What is infant massage?

Infant massage is a wonderful tool to learn how to read your baby's cues, soothe your baby from teething and digestive discomfort, forms better sleep patterns, boosts the immune system, and enhances a child's development. Infant massage is beneficial for babies up to 12 months.

You will receive two bottles of massage oil, handouts, resources, and learn about activities you can do with your baby to boost their development. Space is limited!

*Participation in all 4 sessions is highly encouraged!*



Virtual Classes via Zoom  
link will be sent upon  
registration



Questions?  
[Email Stephanie Ward](mailto:Stephanie.Ward@helpgroup.org)



[CLICK HERE to  
Register!](#)



The Help Group  because every  
child deserves  
a great future