



OPTIONS FOR RECOVERY

a program of The Lundquist Institute
at Harbor-UCLA Medical Center

Phone: (323) 457-1898 Fax: (310) 787-7742 Website: www.optionsforrecovery.com

"Celebrating 30 years of changing the lives of women and children"

**Same Unique Services for
Substance Abusing Women
& their Children**

BUT

in a Safe, Telehealth Atmosphere

OPTIONS FOR RECOVERY

Zoom Classes

Addiction/Recovery/Relapse Prevention

Parenting Classes

Anger Management/Domestic Violence

Relationships

Individual Phone Sessions

Case Management Phone Sessions

Random Sited Drug Testing

Childcare

*Located on the grounds at Harbor-UCLA Medical Center since 1990 and is part of
the Perinatal Services Network of Los Angeles County.*

Medi-cal, My Health LA or we can assist with enrollment, if eligible.

*If you are seeking help, call (323) 457-1898
We are here to assist and support you during Covid-19.*

Options for Recovery at The Lundquist Institute is a Los Angeles County funded program.