

# ALL SHEROES NEED A SQUAD

Launching  
January 26th, 2022  
at 6-7:30 pm  
and every 4th  
Wednesday

Questions:  
sgvaaimm@gmail.com



# Supersquad Assemble!

This free group will focus on mental health and strategies for wellness.  
Moms can refer themselves- referrals from providers are also welcome.

HYBRID group- virtual or in person attendance.

In-person attendance requires proof of vaccination or negative test to attend  
(currently a 5 person capacity in-person)

A safe space for new and expecting Black moms

Black Infants & Families  
LOS ANGELES  
BlackInfantsAndFamilies.org

Sign-Up:  
<https://bit.ly/SGVAAIMMSupport>

Learn More:  
<https://www.blackinfantsandfamilies.org/sangabriel>



**BE REAL. BE YOU**

**GROW YOUR VILLAGE**

**RELEASE YOUR INNER POWER**

Funded by: Los Angeles County Dept. of Public Health and Kaiser Permanente Baldwin Park

Facilitated by: Therapeutic Play Foundation, a license mental health therapist