

# WOMEN AND THE COVID-19 VACCINE



COUNTY OF LOS ANGELES  
**Public Health**  
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## IN LOS ANGELES COUNTY



Latinx women are disproportionately impacted by COVID-19.<sup>1</sup>

Lower income women are disproportionately impacted by COVID-19.<sup>2</sup>

## TYPES OF VACCINES



### PFIZER

2 DOSES  
21 DAYS APART

The FDA has authorized the use of three different COVID-19 vaccines that have been shown to be safe and effective.<sup>8</sup>

### MODERNA

2 DOSES  
28 DAYS APART

None of these vaccines contain the virus that causes COVID-19. You cannot get COVID-19 from the vaccine.<sup>9</sup>

### JOHNSON & JOHNSON\*

1 DOSE

The benefits of all 3 vaccines far outweigh their risks.  
\*See the [CDC J&J Vaccine Information Sheet](#)

## WOMEN ARE AT HIGH RISK FOR COVID-19 EXPOSURE DUE TO THEIR JOBS AND FAMILY ROLES



In the U.S., **67.5%** of African American mothers and **41.4%** of Latinx mothers are the sole breadwinners for their family.<sup>3</sup>

Women occupy more jobs where working remotely is not possible.<sup>4</sup>



**74%** of the people who work in high-contact jobs (like hospitality, food service, personal services) are female.<sup>5</sup>

**76%** of health care workers in the U.S. are women.<sup>6</sup>



In the U.S., 2 out of every 3 caregivers are women.<sup>7</sup>

## PREGNANCY AND LACTATION

Pregnant people who get COVID-19 are at higher risk for more severe illness and pregnancy complications including preterm births.<sup>8</sup>

The CDC, the American College of Obstetricians and Gynecologists, and the Society for Maternal-Fetal Medicine all agree that COVID-19 vaccines should be offered to pregnant and breastfeeding individuals who are eligible for vaccination.<sup>10, 11, 12, 13</sup>

With proper hygiene, there is no evidence of COVID-19 transmission through breastfeeding.<sup>9</sup>

There is no evidence that shows COVID-19 vaccines decrease fertility and over 75 million women have already been vaccinated across the country.<sup>9</sup>

Pregnant and breastfeeding people can make an individual decision about whether or not to receive the COVID-19 vaccine.<sup>10, 11</sup>



Data have not shown any problems or complications for moms or babies. As more pregnant people are vaccinated, there is increased evidence about the vaccines' safety.<sup>8</sup>

Clinical trials for the COVID-19 vaccine in pregnant individuals are underway; more information will be available in the future.<sup>11</sup>

[1]ACDPH: COVID-19 Locations & Demographics

[2]Clark et al. (2020) PLOS Neglected Tropical Diseases 14:7.

[3]Center for American Progress: On the Frontlines at Work and at Home

[4]Alon et al. (2020) National Bureau of Economic Research

[5]Econofact: Impact of COVID-19 Crisis on Women's Employment

[6]U.S. Census Bureau: Women in Healthcare

[7]CDC: Women, Caregiving, and COVID-19

[8]CDC: COVID-19 Vaccine Safety & Monitoring

[9]CDC: COVID-19 Myths & Facts

[10]Harvard Health Publishing: COVID-19 Vaccine, Pregnancy, and Breastfeeding

[11]CDC: COVID-19 Vaccine, Pregnancy, and Breastfeeding

[12]American College of Obstetricians and Gynecologists: COVID-19, Pregnancy and Breastfeeding

[13]Society for Maternal-Fetal Medicine: COVID-19 Vaccines and Pregnancy