

Vignette 1 – Key Issues (trauma-informed lens)

Lucie is a 26-year-old pregnant woman with a history of sexual assault, though it was “a long time ago” and she has not explicitly shared this with her medical team. She received prenatal care throughout, including a midwife. When talking about her birth plan, she said that she wanted to be able to walk around leading up to delivery. During the discussion, she doesn’t focus too much on the details of active labor, seeming to “check out” and moves on to when she would be able to hold her baby. She started to ask a few questions about hospital policies and who would be available when it’s time to deliver. The team shares that the plan will be shared with the hospital, and ultimately she can trust that it all will be taken as it comes since first births don’t always go as planned. One provider added that she always seemed *very* comfortable in the thin hospital gowns.