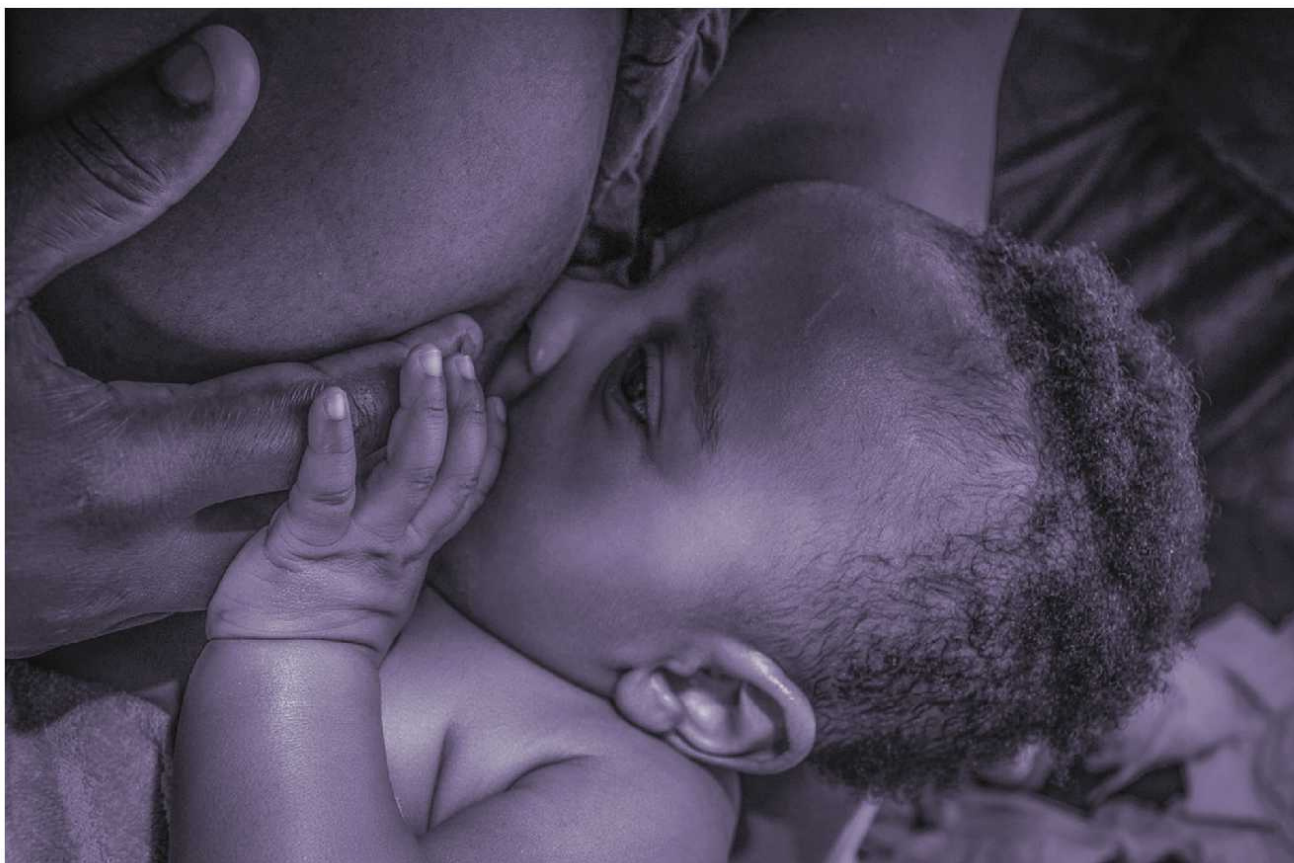


BREASTFEEDING SUPPORT

for African American families



www.soulfood4yourbaby.org

Free Online Sessions

July - September 2021

Support Groups

EVENING SESSIONS

2nd Mondays: 8:45 pm – 9:15 pm

July 12th, Aug. 9th, Sept. 13th

DAY SESSIONS

3rd Mondays: 12:30 pm – 1 pm

July 19th, Aug. 16th, Sept. 20th

SATURDAY SESSIONS

4th Saturdays: 9:45 am – 10:30 pm

July 24th, Aug. 28th, Sept. 25th

Join Zoom Meeting

<https://zoom.us/j/8602142039>

Password: 996633

Breastfeeding Class

Mondays

August 2nd & 9th

6:30 pm - 8:30 pm

Topics over 2 sessions:

Black breastfeeding, disparities, basics, support, COVID, hospital practices, mitigating pain, return to work & more, along with a Thank You gift!

Register Today!

<https://tinyurl.com/SFYBCLASS4>

Questions: soulfood4yourbaby@sfyb.org

