

Let us guide you

Docent Health Maternity Service



Welcome to California Hospital Medical Center!

Whether you are having your first child or you're an experienced mom, it helps to have someone guide you on your journey so that you feel confident and prepared. That's where Dignity Health's Docent Navigators come in!

Docent Navigators are provided free-of-charge, and are here to serve as a helpful resource for you and your family. Whether you are interested in finding a childbirth class, wondering which hospital to deliver in, or trying to find a place to stay for family members visiting your new baby, we can help!

We look forward to welcoming you and your baby and will be right there with you every step of the way.

Common Questions



What should I pack for the hospital?

Where do I go if my baby arrives at night?

How do I choose a pediatrician?

What does my insurance cover?

Can I take a birth center tour?

Are there childbirth classes available?

Contact us:

Call **213.992.4247** or

Text "**CHBABY**" to **37050**
to sign up.

Our hours:

Mon-Fri 9 am to 5 pm

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Standard messaging and data rates may apply. Expect periodic recurring messages.