Taking care of mama

A virtual opportunity for pregnant and new moms to connect and gain support during these challenging times.

Tuesdays, April - May 2020 | 2:00 - 2:45 pm (PST)
All are welcome at no cost - Join one meeting or join all

To receive meeting link and password, or for questions contact:
Barbara Sheehy | (415) 544-2395 | Barbara.Sheehy@DignityHealth.org

ZOOM meetings facilitated by Maternal Mental Health NOW staff
Anna King, LCSW, PMH-C & Gabrielle Kaufman, MA, LPCC, BC-DMT, NCC, PMH-C

Dignity Health | MATERNAL MENTAL HEALTH NOW
supporting the well-being of growing families