



Los Angeles County's Substance Use Disorder (SUD) System of Care

Los Angeles County Department of Public Health
Substance Abuse Prevention and Control (SAPC)



Agenda

- Substance Use Disorders (SUD)
- Background and Trends
- START-ODS LA County's SUD System of Care
- Strategies to Enhance Client Care
- Next Steps



Substance Abuse Prevention and Control (SAPC)

- Committed to reducing the impact of substance use, abuse and addiction in Los Angeles County
- Lead and facilitate the delivery of a full spectrum of prevention, treatment, and recovery support services
- Contract for substance use disorder (SUD) services at over 300 sites across LA County



Referral Process for Substance Abuse Services

Who provides the substance abuse referral?

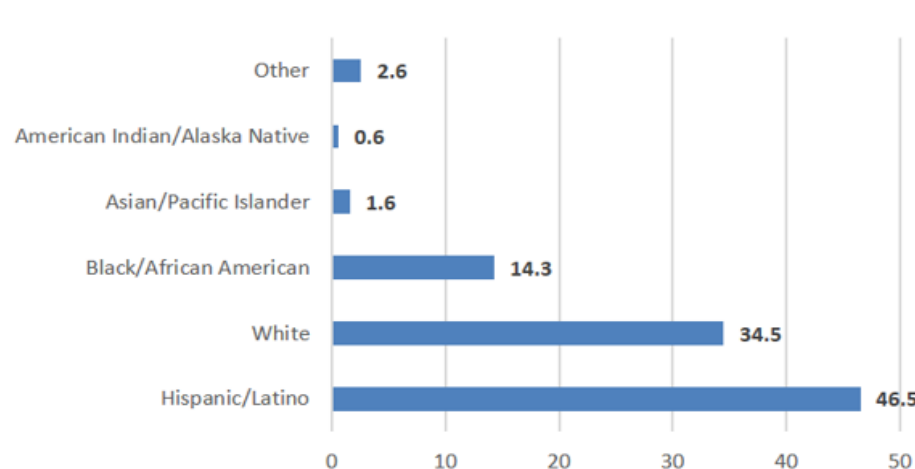
Where do you refer patients with substance abuse service needs?

What are some successes and opportunities for growth regarding the referral process?

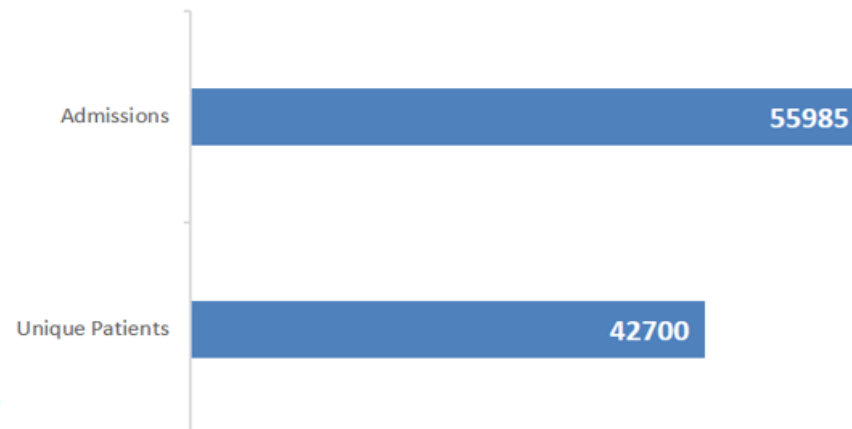


About our Patients

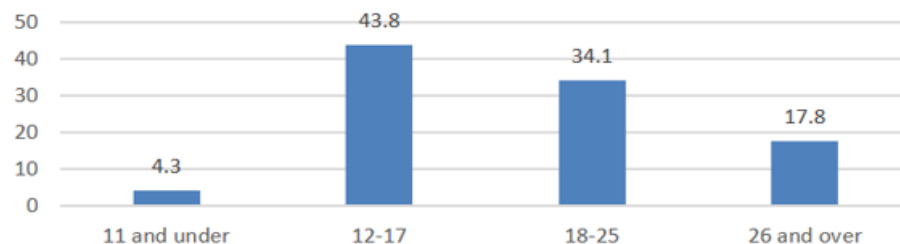
Race/Ethnicity



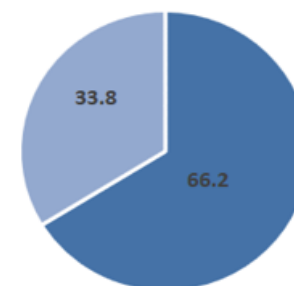
Patients



Age of First Use



Languages Spoken at Home



■ English ■ Other Language

Source: Annual Overview of Patients in Publicly Funded Substance Use Disorder Treatment Programs in Los Angeles County, 2015-2016 Fiscal Year

<http://publichealth.lacounty.gov/sapc/MDU/SpecialReport/AnnualTxReportFY1415.pdf>

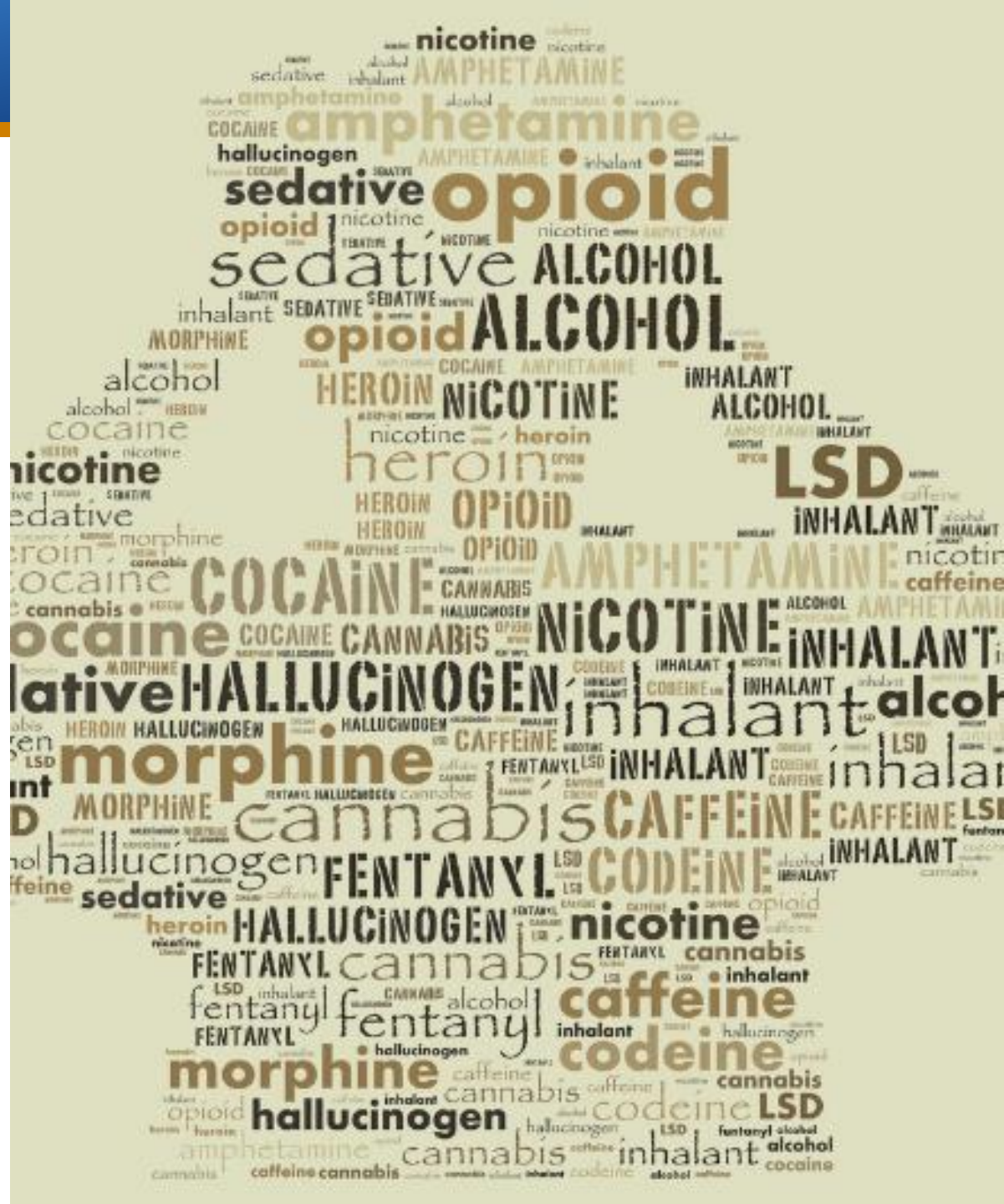


About our Patients (Cont'd.)

- 40.3% reported heroin as their primary drug problem, followed by methamphetamine (21.6%), marijuana (13.9%), alcohol (13.4%), prescription drug (6.0%), and cocaine (3.7%)
- 38.7% were treated in outpatient programs, followed by opioid treatment programs (34.5%), and residential service programs (16.6%)
- 14.5% were from SPA 2 (San Fernando), followed by SPA 8 (South Bay/LB, 12.5%), and SPA 7 (Southeast, 11.3%)

What is a Substance Use Disorder (SUD)?

- Encompass a range of severity levels which includes the misuse, dependence, and addiction to alcohol and/or legal or illegal drugs
- A best course of action determined by the level of severity of the SUD





Substance Use Disorders (SUD) continued...

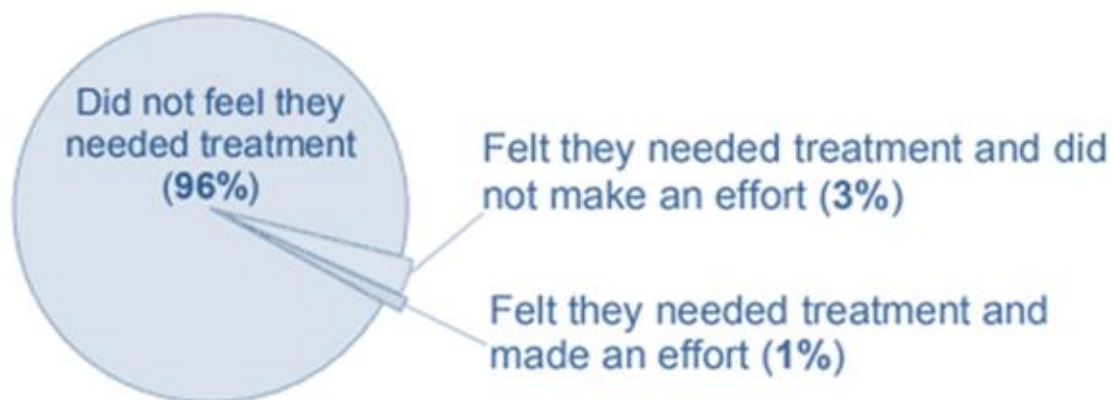
- Addiction is a chronic disease that effects the brain
- Like other chronic diseases (diabetes, asthma, heart disease) addiction can be successfully managed through lifetime intervention
- Addiction treatment combined with medical, mental and social needs can lead to continued recovery



About 1 in 4 people have an SUD in their lifetime



96% of people needing but not receiving specialty treatment deny they need treatment



About 2 million people use substances in an unhealthy or hazardous manner in LAC



SYSTEM TRANSFORMATION TO ADVANCE RECOVERY AND TREATMENT

Los Angeles County's Substance Use Disorder Organized Delivery System

- Increases access to SUD services
- Broadens the type of SUD services available
- Organizes the SUD system of care

**System
Transformation
To Advance
Recovery And
Treatment
(START-ODS)**



SUBSTANCE USE DISORDER BENEFIT PACKAGE



Limited Outpatient for At-Risk

Who	Youth and Young Adults (age 12-20)
What	Short-term services (about 4 sessions) that include group counseling, individual counseling, and case management

Outpatient

Who	Youth and Adults
What	Less intensive community-based services (up to 9 hours per week) that include group counseling, patient education, individual counseling, family therapy, crisis assistance, and case management



Intensive Outpatient	
Who	Youth and Adults
What	More intensive community-based services (up to 19 hours per week or up to 30 hours per week for perinatal patients) that include group counseling, patient education, individual counseling, family therapy, crisis assistance, and case management





Residential – A Preauthorized Service

Who

Youth and Adults

What

Short-term residential services are determined by medical necessity and include group counseling, patient education, individual counseling, family therapy, crisis assistance, and case management





Withdrawal Management (Detox)

Who	Youth (if authorized) and Adults
What	Outpatient or residential withdrawal management services (also known as detox) with or without medication services for up to 14 days

Medication-Assisted Treatment/Opioid Program

Who	Youth (if authorized) and Adults with alcohol or opioid use disorder
What	Prescribe medications (methadone, buprenorphine, disulfiram, naloxone), as well as provide case management, and group, family therapy, and individual counseling

Recovery Support Services

Who	Youth and Adults – Post Treatment
What	Support services available after treatment completion, including group counseling, individual counseling, relapse prevention, recovery coaching, and case management



Recovery Bridge Housing

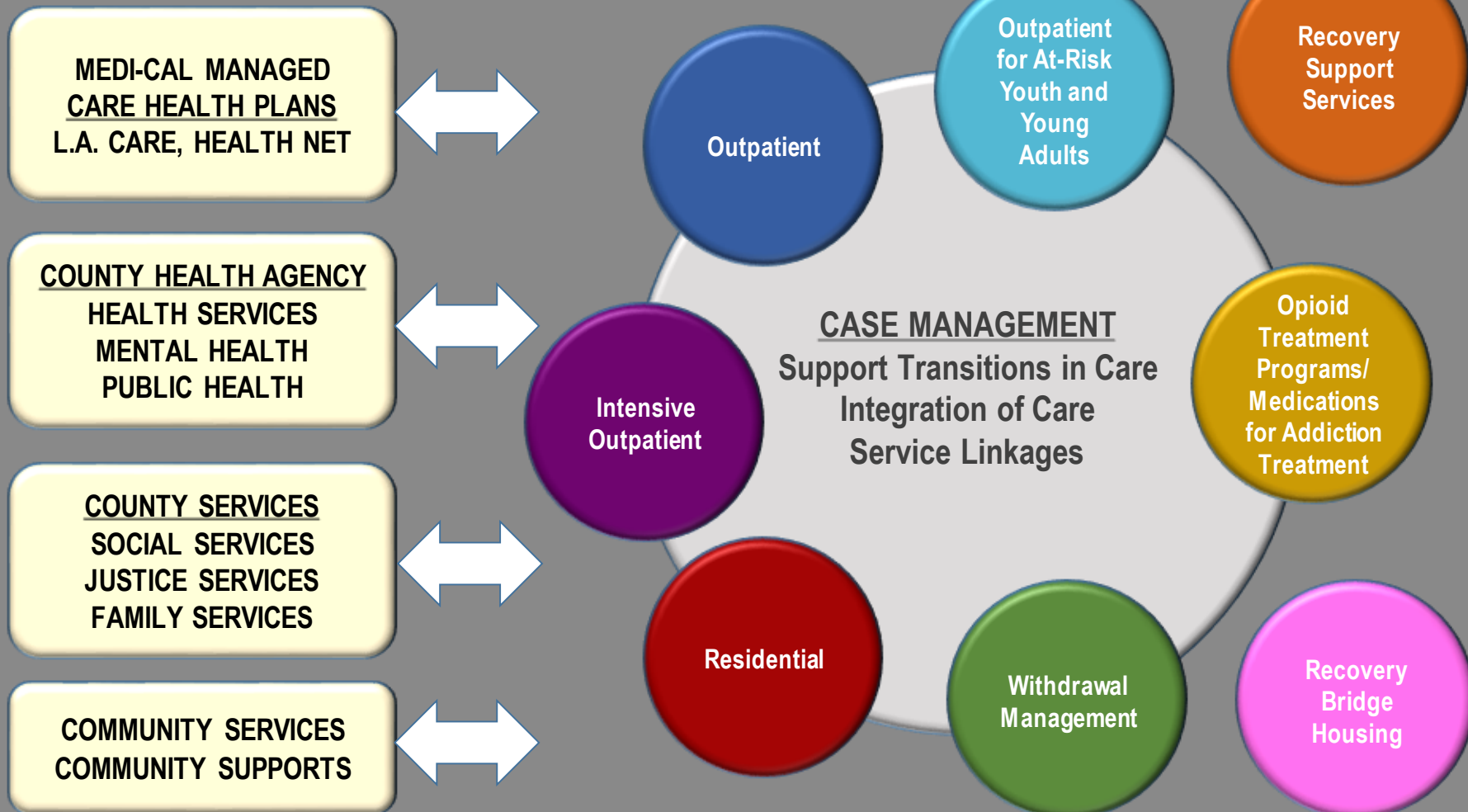
Who	Adults concurrently enrolled in outpatient, intensive outpatient, medication-assisted treatment/opioid program, who meet high-risk criteria (e.g., LGBTQ, HIV/AIDS, chronically homeless, IV drug user, high service utilizers, transition age youth)
What	Adults up to 180 days per calendar year. Perinatal/Postpartum up to length of pregnancy and 60-days after birth





ENSURING INTEGRATED AND COORDINATED CARE

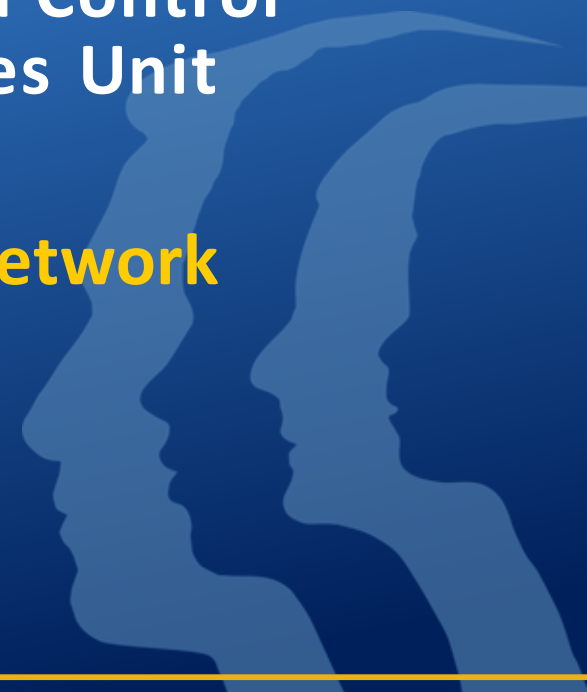
Substance Use Disorder Benefit Package





Substance Abuse Prevention and Control System of Care - Family Services Unit

Pregnant and Parenting Women Network (PPW)



Pregnant and Parenting Women Network

What is the PPW Network?

- Created and governed by the California Department of Health Services (DHCS);
- Provider must have a Drug Medi-Cal (DMC) Perinatal Contract with DPH-SAPC and a current DMC Perinatal Designation on each site's State issued DMC certification;
- Providers must adhere to the Perinatal Practice Guidelines in accordance with DMC and the Substance Abuse Prevention and Treatment Block Grant (SAPT-BG) set-aside;
- DMC providers must adhere to Title 22 of the California Code of Regulations; Title 45 of the Code of Federal Regulations apply to providers receiving SABG;
- Requires families be treated as a unit (mother and child) when appropriate.
- Requires focus on mother/child habilitative care.

PPW Program Eligibility

PPW SUD Providers serve:

- Pregnant women
- Women with dependent children
- Women attempting to regain custody of their children
- Postpartum women and their children
- Women with substance exposed infants
- Pregnant and postpartum women (up to 60 days)
 - Eligibility ends on last day of month in which 60 days occurred

PPW Program Admission Priority

SUD Providers must provide preference to:

- Pregnant injecting drug users;
- Pregnant substance users;
- Injection drug users.

PPW Provider Network Services

PPW Treatment Services Include all DMC Benefits:

- **Outpatient/Intensive Outpatient**
- **Residential:** Low Intensity, High Intensity-population specific, High Intensity-non-population specific
- **Opioid Treatment Programs (OTP)**
- **Recovery Bridge Housing**
- **Recovery Support Services**
- **Ambulatory (Outpatient)**
- **Withdrawal Management:** Clinically Managed Residential; Medically Monitored (24 hr.) inpatient care; Medically Managed (24 hr.) inpatient care

PPW Provider Network Services

PPW Treatment Extended Services Include:

- Outpatient/Intensive Outpatient: between 9 and 30 service hours per week.
- Opioid Treatment Programs (OTP): provides MAT, including methadone, buprenorphine, naloxone.
- Residential: initial authorization 90 days; reauthorized for another 90 days and every 30 days thereafter (up to 60 days postpartum) based on medical necessity.
- Recovery Bridge Housing: initial authorization 90 days; reauthorized for another 90 days and every 30 days thereafter (up to 60 days postpartum) based on medical necessity.
- Recovery Support Services: aftercare support services to become and stay engaged in the recovery process and reduce the likelihood of relapse.

PPW Provider Services

PPW Providers offer:

- Partnerships: coordinating treatment services with appropriate services.
- Screening: to effectively minimize the risk of fetal exposure to drugs or alcohol.
- Intervention and Education: to motivate and encourage individuals with SUD to seek and/or remain in treatment.
- SUD Assessment and Placement: perform initial and ongoing assessments to ensure PPW are placed in the level of care that meets their needs.

PPW Provider Services

PPW Providers also offer:

- Treatment Planning
- Provide or arrange the following services:
 - Primary medical and pediatric care
 - Gender-specific services
 - Therapeutic interventions for children
 - Case management
 - Transportation
- Provide interim services if/when parent is waitlisted.
- Recovery Support

New PPW Provider Services

As of July 1, 2017 new PPW Services added:

- Residential and Recovery Bridge Housing: for minor children, (0-16) who accompany, or have overnight visits with the parent in treatment.
- Child Case Management: primary pediatric care, gender-specific treatment, and therapeutic interventions for children.
- Co-operative Child Care
- Licensed-Like Child Care
- Perinatal Transportation



ACCESS & ELIGIBILITY



Eligibility

Youth and adults can access **no-cost (no fees)** substance use treatment services at any provider in the network if they meet the following criteria and meet medical necessity:

**Los
Angeles
County
Resident**



Medi-Cal Eligible or Enrolled

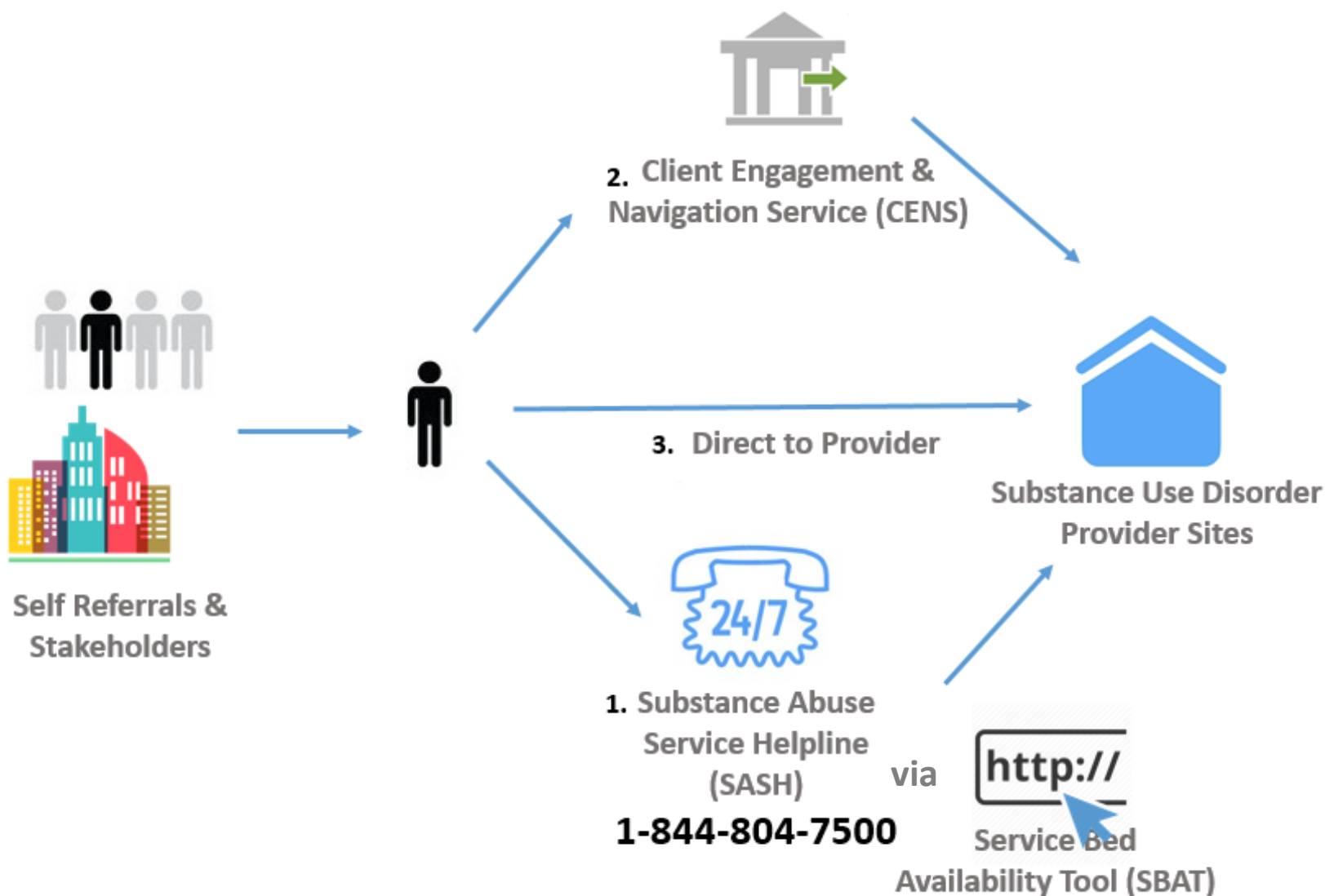
(active benefits are not required at time of screening, referral, or intake)

OR

My Health LA Eligible or Enrolled

(active participation is not required at time of screening, referral, or intake)

Entryways into Treatment



Substance Abuse Service Helpline (SASH)

- Toll free number: **1-844-804-7500 (TTY: 711)**
- Call agents available 24 hours per day 365 days per year
- Screening and referral services for youth and adults
- Assessment appointment scheduled during business hours
- Oral Interpretation





Service and Bed Availability Tool (SBAT)

FIND AVAILABLE SUBSTANCE USE SERVICES NEAR YOU

- **Option 1:** If you want to speak to someone directly to access services, call the Substance Abuse Service Helpline (SASH) at 844-804-7500
- **Option 2:** If you want to identify substance use services online [CLICK FOR INSTRUCTIONS](#)
- **Option 3:** Search by agency name

<http://sapccis.ph.lacounty.gov/sbat/>

Starting Location:

Enter a location (Default: Los Angeles County, CA)

Select

SEARCH

Filter by:

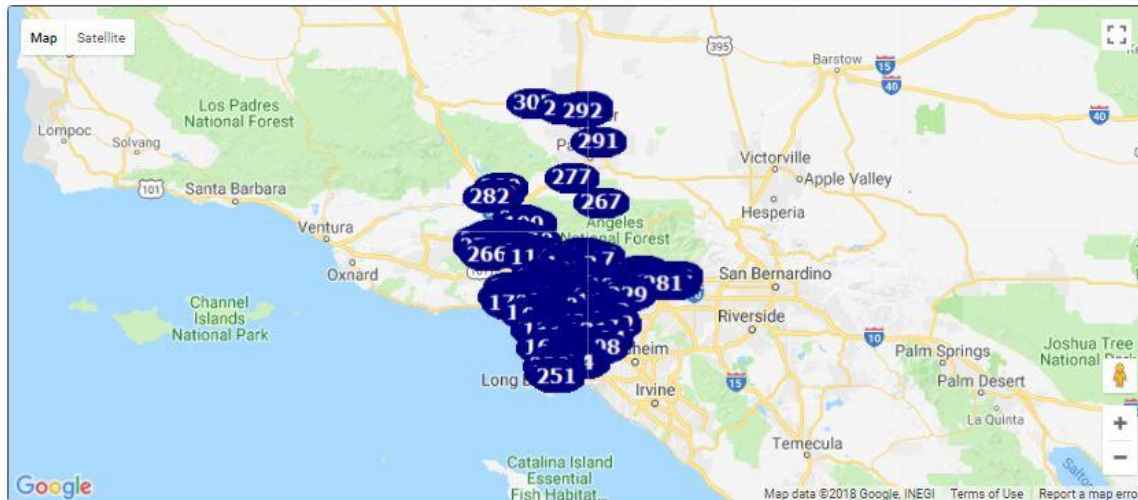
TREATMENT/SERVICE TYPE: ▾

LANGUAGES SPOKEN: ▾

CLIENT SERVED: ▾

- ☐ Adult ?
- ☐ Youth ?
- ☐ Women ?
- ☐ Medication-Assisted Treatment (MAT) ?
- ☐ Parent/Guardian (Female) with Children ?
- ☐ Parent/Guardian (Male) with Children ?
- ☐ Perinatal ?
- ☐ Physically Disabled ?
- ☐ Developmentally Disabled/Delayed ?
- ☐ Visually Impaired ?
- ☐ Hearing Impaired ?
- ☐ Co-Occurring Mental Health Condition ?
- ☐ LGBTQ ?
- ☐ Veteran ?
- ☐ Homeless ?
- ☐ Court Diversion, Probation/Parole, Re-entry ?

RESET FILTER



Agency	Available Beds	Intake Appointment	Specific Service Type	Languages Spoken
1 0.42 miles 2 LOS ANGELES CENTERS FOR ALCOHOL AND DRUG ABUSE 470 East 3rd Street, Suites A & B Los Angeles, CA 90013 Business Hours: Sun: Closed; Mon - Thu: 7:30 am - 7:30 pm; Fri: 7:30 am - 4:30 pm; Sat: 7:00 am - 3:30 pm Phone number: (213) 626-6411		OP IOP ?	Adult, Co-Occurring Mental Health Capabilities, Court Diversion, Probation/Parole, Re-entry, Criminal Justice, Homeless, LGBTQ, Older Adults, Parent/Guardian	English, Spanish



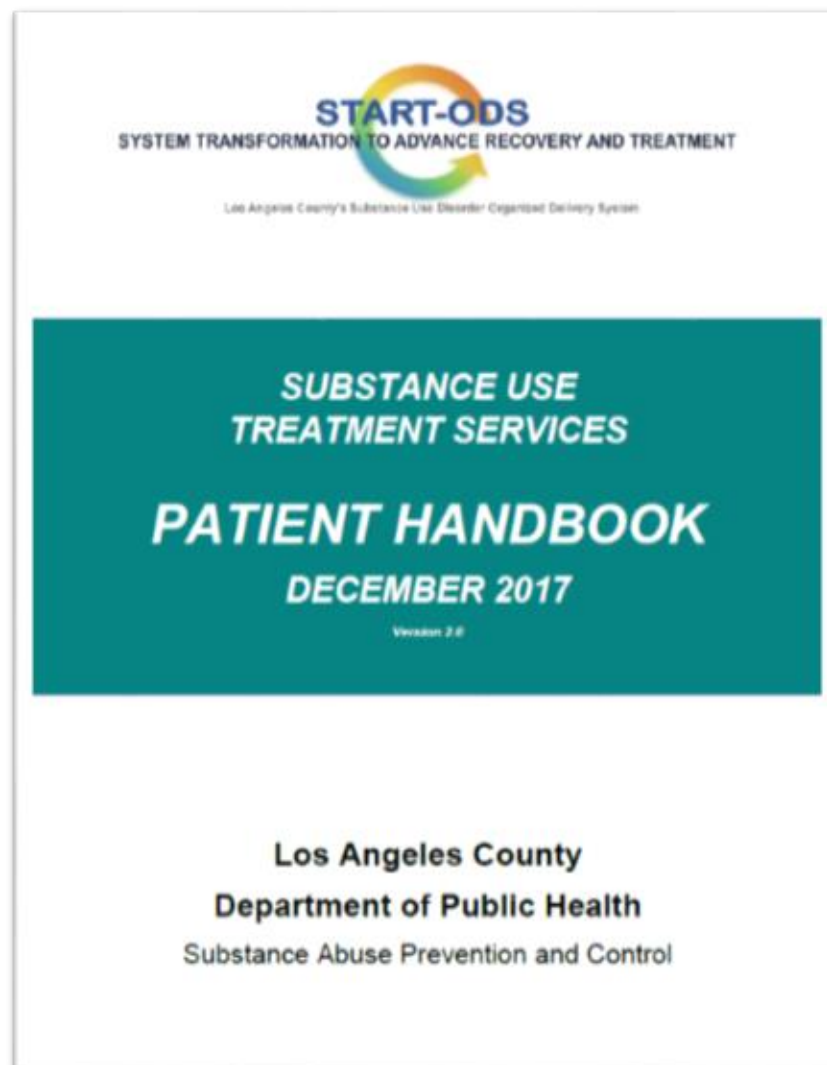
Referring to SUD Treatment

- Have you been able to refer someone to addiction treatment?
If so, describe the process you used and your experience.
- Will referral to SASH and SBAT work with your current workflow?
- Do you see any challenges or barriers using SASH and SBAT?
- Do you screen for alcohol or drug use?

Patient Handbook

KEY COMPONENTS

- Eligibility
- Member Assistance
- Benefit Package
- Provider Selection Process
- Appeals/Grievance Process
- Member Rights
- Member Responsibilities
- Confidentiality





Are Alcohol or Drugs Getting in the Way?

Recovery is Possible

SUBSTANCE ABUSE SERVICE HELPLINE



1.844.804.7500

Patient Brochure

QUICK REFERENCE GUIDE

- Eligibility for Services
- Screening
- How to Find Services
- Available Services

English Version:

<http://publichealth.lacounty.gov/sapc/PatientPublic/Brochure.pdf>

Spanish Version:

<http://publichealth.lacounty.gov/sapc/PatientPublic/BrochureSpanish.pdf>





Other DPH Resources

Public Health Clinics

- 14 centers countywide plus a satellite site on Skid Row
- Offer screening and treatment of sexually transmitted diseases (STD) and tuberculosis (TB); and immunizations
- Services are free to low cost
- Locations: <http://publichealth.lacounty.gov/chs/phcenters.htm>



Antelope Valley Public Health Center
335-B East Avenue K6
Lancaster, CA 93535
661-471-4860
* Limited Schedule



Central Public Health Center
241 N. Figueroa Street
Los Angeles, CA 90012
(213) 240-8204



Curtis R. Tucker Public Health Center
123 W. Manchester Blvd.
Inglewood, CA 90301
(310) 419-5325



Glendale Public Health Center
501 N. Glendale Ave
Glendale, CA 91206
(818) 500-5762
* Note: Immunization clinics are by appointment only



Hollywood/Wilshire Public Health Center
5205 Melrose Avenue
Los Angeles, CA 90038
(323) 769-7800



Martin Luther King, Jr. Center for Public Health
11833 South Wilmington Avenue
Los Angeles, CA 90059
(323) 568-8100



Monrovia Public Health Center
330 W. Maple Avenue
Monrovia, CA 91016
(626) 256-1600



North Hollywood Public Health Center
(STD Services Only)
5300 Tujunga Avenue
North Hollywood, CA 91601
(818) 766-3982



Pacoima Public Health Center
(TB services only)
13300 Van Nuys Blvd.
Pacoima, CA 91331
(818) 896-1903
Note: TB clinics are by appointment only



Pomona Public Health Center
750 S. Park Avenue
Pomona, CA 91766
(909) 868-0235



Ruth-Temple Public Health Center
(STD Services Only)
3834 S. Western Avenue
Los Angeles, CA 90062
(323) 730-3507



Simms/Mann Health and Wellness Center
(STD Services Only)
2509 Pico Blvd. Rm. 325
Santa Monica, CA 90405
(310) 998-3203



Torrance Public Health Center
(Immunization and STD services only)
711 Del Amo Blvd.
Torrance, CA 90502
(310) 354-2300



Whittier Public Health Center
7643 S. Painter Avenue
Whittier, CA 90602
(562) 464-5350

Resources

- SASH number: **1-844-804-7500**
- Email SAPC:
 - SUDTransformation@ph.lacounty.gov
- Our website – portal for providers/public/patients



<http://publichealth.lacounty.gov/sapc/NetworkProviders.htm>

<http://publichealth.lacounty.gov/sapc/PatientPublic.htm>



Questions?

How can I refer someone to treatment?

What types of treatment are available ?

Who can I contact if I have a question?



THANK YOU

For more information, contact:

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